

Approved by:

# Jumpin Up

## 4 WALL – 64 COUNTS – INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b> 1 – 2 & 3 – 4 & 5 – 6 7 & 8	<b>Forward Rock, &amp; Heel Jack, Hold, &amp; Forward Rock, Shuffle 1/2 Turn</b> Rock forward on right. Recover onto left. Step right back. Dig left heel forward. Hold. Step left back to place. Rock forward on right. Recover onto left. Right shuffle turning 1/2 right, stepping - right, left, right. (6:00)	Rock Forward & Heel Hold & Rock Forward Shuffle Half	On the spot  Turning right
<b>Section 2</b> 1 – 2 & 3 – 4 & 5 – 6 7 & 8	<b>Forward Rock, &amp; Heel Jack, Hold, &amp; Forward Rock, Chasse 1/4 Turn</b> Rock forward on left. Recover onto right. Step left back. Dig right heel forward. Hold. Step right back to place. Rock forward on left. Recover onto right. Turn 1/4 left stepping left to left side. Close right beside left. Step left to side. (3:00)	Rock Forward & Heel Hold & Rock Forward Quarter Chasse	On the spot  Turning left
<b>Section 3</b> 1 – 2 & 3 – 4 5 – 6 7 & 8	<b>Cross, Back, &amp; Cross, Side, Back Rock, Kick Ball Step</b> Cross right over left. Step left back. Step ball of right to right side. Cross left over right. Step right long step to right side. Rock back on left. Recover onto right. Kick left forward. Step ball of left beside right. Step right forward.	Cross Back & Cross Side Rock Back Kick Ball Step	On the spot Right On the spot Forward
<b>Section 4</b> 1 – 2 & 3 & 4 5 – 6 7 – 8	<b>Step, Scuff, Out-Out, &amp; Bounce, Jazz Box With Point</b> Step left forward. Scuff right slightly forward. Jump out right to right side. Jump out left to left side. Raise both heels. Replace both heels to floor (weight onto left). Cross right over left. Step left back. Step right to right side. Point/touch left toe out to left side.	Step Scuff Out Out & Bounce Cross Back Side Point	Forward  On the spot Back Right
<b>Section 5</b> 1 – 4 5 & 6 7 – 8	<b>Rolling Vine Full Turn, Touch, Chasse, Back Rock</b> Rolling vine full turn left, stepping - left, right, left. Touch right toe beside left. Step right to right side. Close left beside right. Step right to right side. Rock back on left. Recover onto right. (3:00)	Roll Full Turn Touch Chasse Right Rock Back	Turning left Right
<b>Section 6</b> 1 – 2 3 & 4 5 & 6 & 7 – 8	<b>Step, Pivot 1/2, Forward Shuffle, Heel Switches, Step, Scuff</b> Step left forward. Pivot 1/2 turn right. (9:00) Step left forward. Close right beside left. Step left forward. Dig right heel forward. Step right back to place. Dig left heel forward. Step left back to place. Step right forward. Scuff left forward.	Step Pivot Left Shuffle Heel & Heel & Step Scuff	Turning right Forward On the spot  Forward
<b>Section 7</b> 1 – 4 5 – 6 7 & 8	<b>Jazz Box Cross, Rock 1/4 Turn, Forward Shuffle</b> Cross left over right. Step right back. Step left to side. Cross right over left. Rock left out to left side. Recover onto right making 1/4 turn right. (12:00) Step left forward. Close right beside left. Step left forward.	Jazz Box Cross Rock Quarter Left Shuffle	On the spot Turning right Forward
<b>Section 8</b> 1 – 2 3 & 4 5 – 6 7 & 8	<b>Cross, Side, Sailor Step, Cross, 1/4 Turn, Shuffle 1/2 Turn</b> Cross right over left. Step left to left side. Cross right behind left. Step left beside right. Step right to right side. Cross left over right. Turn 1/4 left stepping right back. Left shuffle turning 1/2 left, stepping - left, right, left. (3:00)	Cross Side Right Sailor Cross Quarter Shuffle Half	Left On the spot Turning left
<b>Ending</b> 5 – 8	<b>Wall 7:</b> Dance to count 28 (heel bounce), then add Jazz Box 1/4 Turn Replace Jazz Box Point with Jazz Box 1/4 turn right to end facing 12:00.	Jazz Box Quarter	Turning right

**Choreographed by:** Robbie McGowan Hickie (UK) July 2013

**Choreographed to:** 'Jumpin' Up (Jump)' by Sushy (128 bpm) from CD Single (Radio Edit); download available from amazon or iTunes (32 count intro)



A video clip of this dance is available at [www.linedancermagazine.com](http://www.linedancermagazine.com)