

De mes propres ailes

Count: 32 **Wall:** 4 **Level:** Absolute Beginner

Choreographer: Aline Morel (October 2017)

Music: De mes propres ailes - Olivier Dion (Les 3 mousquetaires) 3'24"



Intro : 16 counts

Sec 1 : VINE R, TOUCH SIDE, VINE L, TOUCH SIDE

1, 2, 3, 4 RF to R side, LF behind RF, RF to R side, touch LF next to RF
5, 6, 7, 8 LF to L side, RF behind LF, LF to L, touch RF next to LF

Sec 2 : BODY ROLL R SIDE STEP, TOUCH, BODY ROLL L SIDE STEP TOUCH, DIAGONAL R TOUCH

1, 2 Step RF to R side with Body Roll from the upper body, LF touch out to L
3, 4 Step LF to L side with Body Roll from the upper body, RF touch out to R
5, 6, 7, 8 Step RF in diagonal forward R, LF behind RF, step RF in diagonal forward R, Touch LF next to RF

Sec 3 : TWIST X2 R, TWIST X2 L

1 Step LF
2 Twist both heels L and turn body to look back (3h)
3 Twist both heel back in place transferring weight to RF (12h)
4 Close LF next to RF
5 Step RF
6 Twist both heels R and turn body to look back (9h)
7 Twist both heel back in place transferring weight to LF (12h)
8 Close RF next to LF

Sec 4 : WALK FORWARD X3, TOUCH, BACKWARD X3, ¼ TURN L

1, 2, 3, 4 Walk LF, RF, LF, touch RF next to LF
5, 6, 7, 8 Walk back RF, LF, RF, LF with a ¼ turn to L (9h)

Option : Sec 4 : 5, 6, 7, 8 : STEP BACK TOE FAN X3, ¼ TURN L

5 Walk back RF behind with Toe Fan LF (open PG point outward by pivoting on heel)
6 Walk back LF behind with Toe Fan RF
7 Walk back RF behind with Toe Fan LF
8 LF with a ¼ turn to L (9h)

Contact : aline.linedance@gmail.com