

The Shape Of You

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Description : 32 temps, 4 murs, Intermediaire, Janvier 2017

Musique : Shape Of You par Ed SHEERAN

Count In: 16 ct Intro

[1 – 8] R MAMBO FWD, L MAMBO BACK, ½ CHASE TURN L, ¼ PADDLE TURN X3

- 1 & 2 Rock fwd on R (1), recover weight to L (&), rock back on R taking weight (2) 12
- 3 & 4 Rock back on L (3), recover weight fwd to R (&), rock fwd on L taking weight (4) 12
- 5 & 6 Step fwd on R (5), ½ turn L (&), step fwd on R (6) 6
- 7 & 8 & ¼ turn R while touching L to L (7) ¼ turn R (&) touch L to L (8) ¼ turn to R (&) 3

[9 – 16] STEP L, WEAVE L, ¼ TURN L SWEEP WITH R, CROSS, BACK X2, CROSS, ROCK BACK, ROCK FWD

- 1 Step L to L (1) 3
- 2 & 3 Step R behind L (2), step L to L (&), cross R over L (4) 3
- 4 – 5 & 6 Make ¼ L stepping on L as you sweep R over L (4), cross R over L (5), step back on L (&), step back on R (6) 12
- & 7 – 8 Cross L over R (&), rock back on R (7), recover weight fwd to L (8) 12

[17 – 25] ROCK BACK, SLIDE FWD MAKING ¼ R, DRAG R MAKING ½ TURN R, TRIPLE FWD, MAMBO W/ ½ TURN L, ¾ TURN L, CROSSING SHUFFLE

- & 1 Rock back on R (&), slide fwd on L *(1) 12 / 3
- 2 Drag R into L as you're turning ½ R w/ touch (2) 9
- 3 & 4 Step fwd on R (3), step together w/ L (&), step fwd on R*(4) 9
- 5 & 6 Rock fwd on L (5), recover weight back onto R (&), ½ L stepping fwd on L (6) 3
- 7 & 8 & 1 Make ½ turn L stepping back on R (7), ¼ turn L stepping L to L (&), cross R over L (8), step L to L (&), cross R over L (1) 6

***Styling Ct 1: Begin making a slight turn to the R here**

Cts 3&4: Roll your body into the triple step.

[26 – 32] ¼ TURN L, HITCH L, R PONY STEP, BACK ON R, ½ TURN ROLL OVER L (ARMS)

- 2 – 3 Make ¼ to L step L fwd (2), hitch L up taking weight back on R *(3) 3
- 4 & 5 Step back on L, hitching R up (4), step down on R (&), step back on L as you hitch R up again (5) 3
- 6 – 8 Step back on R (6), point L toe back (7), slow ½ L turning on L taking weight *Arms (8) 9

***Styling On 1st wall, you can throw your hands up on the hitch after he sings “throw your hands up” in the lyrics.**

Ct 7-8: R arm moves like a wave as you slowly unwind or turn ½ to L.

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